MicroCurrent – The Non-Surgical Facelift

Microcurrent therapy, also known as microcurrent facelift or non-surgical facelift is the application of small or very low voltage current for toning the facial muscles. It is a non-invasive cosmetic technique that aims at improving the muscle tone of the face and the neck, and thus diminish or prevent the signs of skin aging.

In microcurrent treatment, weak electrical stimuli are sent to the facial muscles in order to relax them and increase blood circulation. This procedure is not only painless, but immensely effective for strengthening the facial muscles. In this procedure, muscles and tissues of the face and neck are electrically stimulated with the help of a device, which over a period of time tightens the muscles of the face. Microcurrent therapy for face is less time-consuming than many other cosmetic procedures. Moreover, the procedure requires no healing or recovery time, and it also does not cause any significant side effects, as compared to other cosmetic procedures and cosmetic surgery.

Benefits of microcurrent therapy for face are many, which include, improvement in muscle tone and reduction or elimination of fine lines and wrinkles. The procedure helps to firm sagging skin and improve circulation of blood. Improved circulation can stimulate the production of collagen, which is the fibrous scleroprotein that maintains skin elasticity. In other words, microcurrent facial treatment can help to get a more radiant and younger looking skin. Apart from these, microcurrent treatment for face can also increase lymphatic drainage, which in turn can prove immensely helpful in reducing facial puffiness, puffy eyes and dark circles under eyes. Some other notable benefits of microcurrent facial treatment are, improvement in complexion, skin pigmentation and reduction in facial scars and dark spots.

No recovery time is required, which means that you can resume your day-to-day activities immediately after the treatment. Subsequent treatments are performed at regular intervals to maintain the results of the therapy. Some individuals, however, may not be able to get this facial treatment. Usually, people with skin diseases, as well as individuals with pacemaker or a history of heart problems and epilepsy may be unable to undergo microcurrent facial treatment. Pregnant women are also advised to wait till delivery to get this treatment.

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